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## SPA AREA GUIDELINES

In order to obtain the maximum benefit from your experience at MIM SPA, we appreciate that you consider the following points:

- Arrive with enough time to change or shower (if you wish) before your appointment.
- The use of a bathing suit is mandatory in the facilities of the water area.
- Keep your voice low during your stay in the entire wellness area.
- Respect the space and relaxation of other clients in the spa and treatment rooms.
- Keep your mobile phone in silent mode.
- Alcoholic beverages are not allowed on the premises.

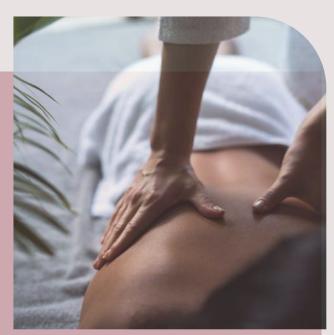
Enjoy this time exclusively for you.

## OUR CONCEPT

Recharge your energy at MiM SPA.
With completely renovated facilities,
our urban spa is the perfect place to
pamper your body and release your
mind.

Massages, therapeutic and beauty treatments, gym and a cosy Spa area.

Enjoy the perfect getaway during the day.





## SPA SCHEDULE Monday to Sunday from 10am to 9pm

## SPA CIRCUIT

- Infrared Sauna
- Ice Fountain
- Foot bath
- Sensation showers
- Jacuzzi
- Cold water pool



CIRCUIT RATES (60MIN)

Hotel Guest €25
External Client €30
Clients with treatment - Special rate €10

## EXCLUSIVE FACIALS

ORGANIC & VEGAN by SCENS

#### Eternal Lifting Experience (75min - €120)

Recover the youth of the face by nourishing it with antioxidants and regenerating active ingredients through our most hedonistic facial. Accompanied by the LE FACELIFT SCENS massage, the skin lights up and the facial oval regains its definition and firmness.

#### L'hygiene Organic & Vegan (75min - €105)

Deep and intense facial hygiene to achieve smoother skin free of impurities. Regain a radiant look through this must-have treatment.

### Skinfoodie Organic Treatment (75min -105€)

This ultra-hydrating facial protocol provides the skin with an immediate sensation of comfort and well-being. The face recovers it's hydration and luminosity.

#### Scens Ultimate Glow (30min - €70)

Indulge in this concentrated beauty treatment. All the efficacy of SCENS products contained in an immediate action illuminating treatment.

## ICONIC MASSAGES



#### "The MiM Signature" (80min - €120 / 60min - €100)

The combination of different techniques to relax tired muscles and renew the body. A perfect mix of deep massage and flowing movements to relieve tension and stress.

#### Blissful Massage (45min - €90)

Using a blend of essential oils, this massage focuses on the muscles of the back of the body, relaxing back, legs & feet.

## Back, neck and shoulders (30min - €70)

Specially created to treat one of the most tough areas, this massage works the muscles of the back and neck, helping to soothe accumulated tension.

## ICONIC MASSAGES



### Balancing foot massage (30min - €55)

Based on the principles of reflexology, this ultra-relaxing foot massage is a therapeutic method to treat the whole body.

- \* Oriental head massage (15min €30) –\* only added to any other treatment from the catalogue.

  Work in your scalp and neck muscles for a true deep relaxation.
- \* Facial massage (15min €30) –\* only added to any other treatment from the catalogue.

Relaxes and tones the muscles of the face, reduces expression lines, contributing to a rejuvenated and fresh appearance.

## BODY TREATMENTS



#### **GLAM of WINE (80min - €140)**

It is an excellent antioxidant and revitalizing treatment.

Combines natural exfoliant of Chardonnay seeds to remove dead cells, afterward, the application of firming grape wrap and a final massage with a wine oil.

Finalise this experience enjoying a glass of wine.

### DETOX & WOOD THERAPY (80min - €130)

This innovative treatment stimulates the elimination of toxins and activates circulation.

Combines intensive exfoliation with a Kelp Salt and preparing the skin to the application of Green Tea slimming wrap, plus a concentrated reducing massage and wood therapy in the local area.

We will finish with Detox juice.

## BODY TREATMENTS



## SCENS Organic Body Scrub / Organic body scrub (30min - €65)

Essential treatment to free the skin of dead cells and restore a uniform, smooth and fresh texture.

#### POLINESIA JOURNEY (60min - €110)

Perfect for treating the skin after exposure to the sun and UV rays.

Treatment that combines application of Aloe Vera Gel wrap to moisturize and to reduce skin inflammation, afterward facial and body massage with MONOÏ TAHITÍ oil provides and prolongs a perfect and bright tan.

## OUR WELLNESS PACKAGES



#### The MIM Experience (80min - €140)

A hedonistic ritual that combines a dry body exfoliation plus a full body massage. Afterward, the application of an illuminating mask during a relaxing oriental head massage will rejuvenate you from head to toe.

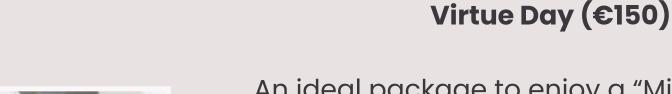
#### INTO THE CLOUDS (60min - €255)

It is time for two.

Take pleasure from back, neck & shoulders massage, plus facial treatment in our double room.

Complete your experience with a bottle of Cava and enjoying an amazing landscape in our Sky Bar.

## OUR WELLNESS PACKAGES





An ideal package to enjoy a "MiM SPA" day.
It includes:

- Gym access
- Use of the water facilities (ice fountain, infrared sauna, foot bath, sensation shower, Jacuzzi, cold water pool).
- Body massage (45 min).
- Exquisite healthy 3-course menu to enjoy right by the pool.

\* Drinks not included.

#### **Gift voucher**

Give experiences. Choose the quantity or the treatment that you like the most and we will take care of the rest. Contact us for the details.

## MANICURE & PEDICURE



#### Essential Mani or Pedi (50min - €40)

The perfect foot or hand treatment that includes nail trimming and filing, cuticle work, moisturizing and polishing.

#### Deluxe Manicure (60min – €60)

Luxurious Spa treatment that includes nail shaping and filing, exfoliation and anti-aging mask, relaxing hydration massage, cuticle treatment, polishing and nail makeup.

#### Deluxe Pedicure (60min - €65)

Includes nail cutting and filing, cuticle work, moisturizing serum, hardness treatment, exfoliation and hydration massage. Finishing with the application of the nail polish for a perfect result.

Semi-permanent nail polish (+15€)

Remove semi-permanent nail polish (15min - €10)

## WAXING



Eyebrows / Upper lip - €15

Back and shoulders - €30

Arms - €20

Intimate wax - €25

Hollywood - € 30

Armpits - €15

Half legs - €25

Full legs - €35

## EYELASHE & EYEBROW TINTING

Eyebrows - €25

Eyelashes - €25

Eyebrows and eyelashes - €40

## GIMNASIO



Fully equipped "Life Fitness" training room to continue training during your vacation.

Treadmill, elliptical and static bike, dumbbells and multi-exercise station.

OPENING HOURS

7am -11pm

## HOW TO FIND US

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C/ Carlos Román Ferrer, 8 - 07800 Ibiza - Spain

**\( +34971301902** 

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- f @hotelmimibiza @ @mimspa

If you are staying with us, deal 4000 from your room.

A 24-hour notice is required for changes or cancellations, otherwise 50% of the total amount of the reservation will be charged. Please arrive early enough for your appointment; If you do not show up within 20 minutes of the agreed time, it will be considered cancelled, and the company will have the right to reorganize the agenda.